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Scout Challenge Award Record Sheet

Outdoor	All needed	Take an active part in one or more nights away, totalling at least two nights*																	
		Understand the initial actions to take in the event of an accident.																	
		Understand the importance of getting adult help and when to call the emergency services.																	
		Know how to treat minor cuts, burns and scalds, stings and insect bites.																	
Outdoor Plus	All needed	Hold Outdoor Challenge																	
		Have spent at least eight nights away as a Scout, four of which must be camping																	
		Take an active part in further camp(s)*																	
		Demonstrate how to open an airway and give CPR																	
		Know how and when to put a patient in the recovery position																	
		Know how to recognise and treat fractures and severe bleeding																	
		Know how to use direct pressure to stop bleeding																	
Demonstrate an awareness of the dangers of temperature extremes																			
Creative	Only 3 needed	Area 1 – Performing - Take part in a performance in front of an audience																	
		Area 2 – Crafts - Have a go at some creative crafts																	
		Area 3 – Promotions - Promote local Scouting																	
		Area 4 - Problem solving - Take part in activities requiring a number of problem-solving skills																	
		Area 5 – Construction - Construct a model																	
		Area 6 – Worship - Take a leading role in preparing and participating in an Act of Worship																	
Fitness	A or B	A1- Spend between four and six weeks preparing for the event, through an agreed programme																	
		A2 - Show an understanding of the importance of a sensible and appropriate diet & sufficient sleep.																	
		A3 - Be able to explain the dangers and harmful effects of smoking, alcohol and drugs.																	
		A4 - Successfully take part in the chosen physical challenge																	
		B1 - Exercise regularly over a period of four to six weeks and keep a record																	
		B2 - Show an understanding of the importance of a sensible and appropriate diet, sufficient sleep.																	
		B3 - Be able to explain the dangers and harmful effects of smoking, alcohol and drugs.																	

* - please see badge requirements for more information

Community	All	Exploring the local community																				
		At least 6 hour Community Service																				
Global	A or B	A1 - Make contact with Scouts from another country outside the United Kingdom.																				
		A2 - Take part in a Troop or Patrol activity with these Scouts.																				
		A3 - Take part in a Patrol or Troop activity based on things found out during the contact.																				
		B1 - Choose and investigate an international issue.																				
		B2 - Show an understanding of the issues involved.																				
		B3 - Take some action as a result of research																				
Adventure	All	Take part in 3 different activities and know the safety and environmental issues* - 1																				
		2																				
		3																				
Promise	5 from 2 sections	A1 - Explain how you have recently 'done your best' on at least three occasions																				
		A2 - Explain to a new Scout in your Troop the meaning of the Scout Promise and Law																				
		A3 - Assist with the planning and take part in an investiture ceremony or similar																				
		A4 - Demonstrate that you can be trusted by taking on a special responsibility																				
		B1 - Take part in a number of acts of worship with others in the Troop																				
		B2 - Complete a course that furthers your understanding of your own faith community																				
		B3 - Choose and read prayers and/ or reflections for your Troop's opening and closing ceremony																				
		B4 - Hold the My Faith Activity Badge																				
		C1 - Take an active part in at least two Troop Forums and express your views																				
		C2 - Contribute to the writing or reviewing of your Troop's 'Code of Conduct.'																				
		C3 - Play a full part in at least two Troop Leadership Forums and help to implement a decision																				
		C4 - Successfully run a learning experience for other Scouts																				
		C5 - Successfully lead a group of Scouts at a two-day camp or other similar event																				
		D1 - Honestly review an event or activity and decide how it D2might be done better in the future																				
		D2 - Visit an act of worship of another faith community and compare the traditions and customs																				
D3 - Investigate a political or world issue and explain your views to others on the subject																						
D4 - Take part in a debate on a topic of local or national interest																						
D5 - As a Scout, give freely of your time to help someone less fortunate than yourself																						
Expedition	A or B	A - Take part in an expedition over two days (including a night away) with at least three friends. Be involved in the planning of the expedition, complete relevant training and be properly prepared																				
		B - Take part in an exploration over two days (including a night away) with at least three friends, and report or present your findings. You must be involved in the planning of the exploration, complete relevant training and be properly prepared.																				

* - please see badge requirements for more information